

Express Mail Mailing Label  
No. ER633628917US

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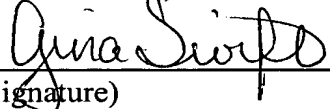
Abstract of the Disclosure

This invention is a quad cycle and exercise apparatus with arm and foot power  
as propulsion. The rider is upstanding during operation.

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